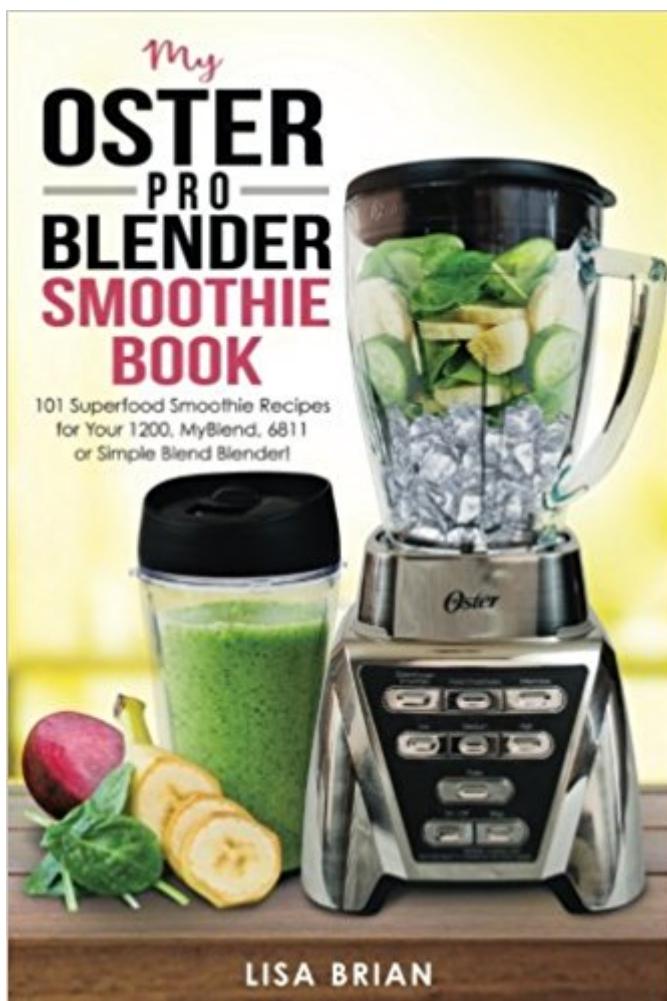


The book was found

My Oster Pro Blender Smoothie Book: 101 Superfood Smoothie Recipes For Your 1200, MyBlend, 6811, Or Simple Blend Blender! (Oster Blender Recipes) (Volume 1)





Synopsis

Get a quick start with your Oster Blender and meet your goals for better health today! This book shows you exactly how to get the most out of your Oster Blender (models 1200, 6811, Simple Blend, MyBlend, Reverse Crush, Fusion, Personal, Beehive and all others) and make 101 of the most delicious and nutritious smoothies you've ever tasted! No other book contains specific instructions and recipes for your Oster Blender. Combined with 101 of the best, most popular recipes, this book is the perfect companion for anyone who owns a Vitamix! 101 SMOOTHIE RECIPES - anti-aging - detox - weight loss - bones and joints - constipation - blood sugar - immune system - beauty - energy boost - general health - heart - mood - performance - stress - kids Do you own an Oster Blender? Then this book is for you. All of our recipes and how to instructions are designed specifically for Oster blenders, and to help you with your lifestyle and health goals. Buy today! MONEY-BACK GUARANTEE Free shipping for Prime members

Book Information

Series: Oster Blender Recipes

Paperback: 162 pages

Publisher: CreateSpace Independent Publishing Platform; 1 edition (September 18, 2016)

Language: English

ISBN-10: 1537689096

ISBN-13: 978-1537689098

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 8.5 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 5 customer reviews

Best Sellers Rank: #120,586 in Books (See Top 100 in Books) #6 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Food Processors #27 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Blenders #95 in Books > Cookbooks, Food & Wine > Beverages & Wine > Juices & Smoothies

Customer Reviews

Good recipes

i haven't used it a lot but for the things I have used it for is great. I've used the blender/smoothie maker. I love it.

Good recipes

I personally have a Oster Pro Blender so when I saw a book that is specifically written for it I had to get it. This book is full of over a hundred great recipes with any favour you can think of, especially for the Oster blender but could be used in any blender as well. The layout of the recipes is easy to follow with instructions and ingredients laid out simply and the sections are ordered according to the smoothies purpose such as anti-ageing, sugar levels or detoxing giving them an extra bonus besides being delicious.

THIS BOOK IS ONLY FOR SMOOTHIES AND I'M SURE THAT THERE ARE MANY OTHER THINGS THAT CAN BE DONE I.E. SOUPS AND OTHER FOOD PREPARATIONS.

[Download to continue reading...](#)

My Oster Pro Blender Smoothie Book: 101 Superfood Smoothie Recipes for Your 1200, MyBlend, 6811, or Simple Blend Blender! (Oster Blender Recipes) (Volume 1) Oster Pro Blender Smoothie Book: 101 Superfood Smoothie Recipes for Your 1200, MyBlend, 6811, or Simple Blend Blender! (Oster Blender Recipes) Smoothies: 365 Days of Smoothie Recipes (Smoothie, Smoothies, Smoothie Recipes, Smoothies for Weight Loss, Green Smoothie, Smoothie Recipes For Weight Loss, Smoothie Cleanse, Smoothie Diet) Nutri Ninja Master Prep Blender Smoothie Book: 101 Superfood Smoothie Recipes For Better Health, Energy and Weight Loss! (Ninja Master Prep, Nutri Ninja Pro, and Ninja Kitchen System Cookbooks) Nutri Ninja Master Prep Blender Smoothie Book: 101 Superfood Smoothie Recipes For Better Health, Energy and Weight Loss! (Ninja Master Prep, Nutri ... Ninja Kitchen System Cookbooks) (Volume 1) Smoothies: Everyday Smoothies For Beginners (Smoothie, Smoothies, Smoothie Recipes, Smoothies for Weight Loss, Green Smoothie, Smoothie Recipes For Weight ... Diet) (healthy food for everyday Book 5) Superfood Cookbook: Delicious Vegetarian Superfood Salads for Easy Weight Loss and Detox: Healthy Clean Eating Recipes on a Budget (Superfood Kitchen Book 1) Superfood Cookbook: Delicious Vegetarian Superfood Salads for Easy Weight Loss and Detox: Healthy Clean Eating Recipes on a Budget (Superfood Kitchen) Ninja Blender Recipe Book: Lose Weight And Shred The Pounds Fast With These Delicious And Healthy Ninja Blender Recipe Book Recipes You Can Make ... Recipes, Ninja Blender Cookbook) (Volume 1) Superfoods Smoothies Bible: Over 160 Blender Recipes, Whole Foods Diet, Heart Healthy Diet, Natural Foods, Blender Recipes, detox cleanse juice, ... loss - detox smoothie recipes) (Volume 60) Diabetic Smoothie Recipes: Top 365 Diabetic Friendly Easy to make/blend Delicious Smoothie Recipes (1) Vegan Protein Smoothies: Superfood Vegan Smoothie

Recipes for Vibrant Health, Muscle Building & Optimal Nutrition (Vegan Cookbooks, Vegan Smoothies, Vegan Smoothie Recipes) (Volume 1) Ninja Blender Recipe Bible: 50+ Delicious Recipes for your High Powered Blender (Ninja Recipes, Ninja Recipe Book, Green Smoothies, Weight Loss Smoothies, ... Protein Shake Diet, Green Smoothie) Badass Blender Body: Stop Chewing Start Losing: (Weight Loss Smoothie Recipes) (Coconut Oil, Detox, Green Smoothie Recipes) Nutri Ninja Recipe Book: Smoothie Recipes - 50 Delicious, Easy, and Healthy Smoothie Recipes  Look Good  Feel Better  Live Strong (Smoothie Bible) Oster Expressbake Bread Machine Cookbook: 101 Classic Recipes With Expert Instructions For Your Bread Maker (Bread Machine & Bread Maker Recipes) (Volume 1) Superfood Lover's Hemp Cookbook: Empower Your Body With One of Nature's Most Nutritious Plants (Superfood Cookbooks) (Volume 4) Oster Expressbake Bread Machine Cookbook: 101 Classic Recipes With Expert Instructions For Your Bread Maker (Bread Machine & Bread Maker Recipes) The Perfect Blend: 100 Blender Recipes to Energize and Revitalize Complete Vitamix Blender Cookbook:Over 350 All-Natural Recipes For Total Health Rejuvenation, Weight Loss, Detox, Superfood Smoothies, Soups, Homemade ... & Much More (Vitamix Recipes Series Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)